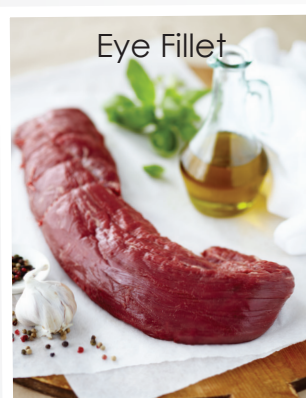


COOKING WITH BEEF

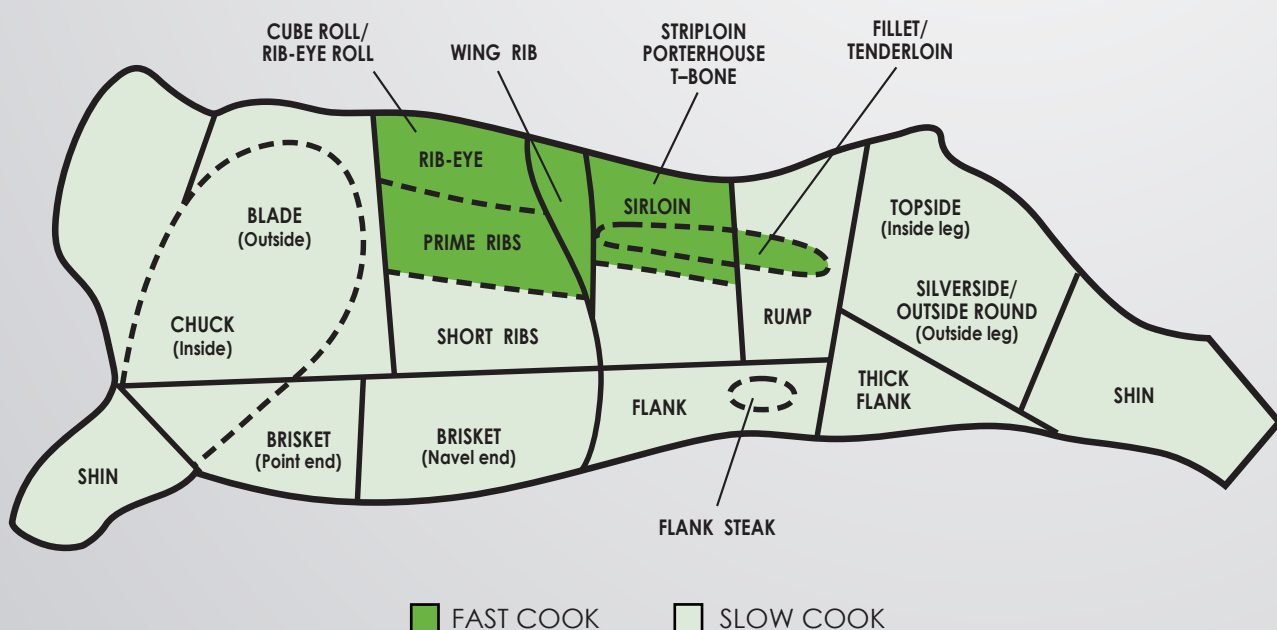
SLOW COOKING CUTS



ROASTING CUTS



FAST COOKING CUTS



Look for the New Zealand Beef and Lamb Quality Mark